



Breaking Hearts - 1

13

Unhappily married people risk having a broken heart. A bad marriage is riskier for older women. A study said an unhappy marriage is bad for our heart. Older women have more heart problems because they care more. A wife will care for her sick husband. She stresses if she cannot care for her husband.

Researchers studied 1,200 married people. They asked questions about marriage. They asked if they spent free time with their partner and if they trusted their spouse. Doctors said the quality of marriage changed people's health. People in bad marriages had more heart attacks and had higher blood pressure.

Q:

Q:

Q:

New Words or Phrases

_____	_____	_____
_____	_____	_____
_____	_____	_____



Breaking Hearts - 2

14

A study says unhappily married people have a higher risk of a broken heart. A bad marriage is riskier and more stressful for older women. The study is from Michigan State University. Researchers said the stress of an unhappy marriage has a big impact on our heart. Older women have more heart problems because they are more caring. A wife will care more for her sick husband. A wife also stresses if she cannot look after her husband.

Researchers studied the health of 1,200 married people aged 57 to 85. They asked the couples questions about marriage. They asked if they spent free time with their partner. They also asked if they could trust their spouse, and whether their spouse asks them to do too many things. Doctors compared the quality of the marriages with the number of heart attacks and strokes people had. People in bad marriages were more depressed and had higher blood pressure.

Q:

Q:

Q:

New Words or Phrases

_____	_____	_____
_____	_____	_____
_____	_____	_____