



# Young, Jobless and Stressed - 1

## 11

A third of young, jobless people in Britain are stressed. They cannot control their feelings or live a “normal” life. A charity questioned 2,200 jobless people. Half were stressed about everyday life. They could not meet new people or leave their house. They feel like prisoners in their own homes.

Many young people have problems with daily life. They cannot find a job. Many are very talented. A researcher said: “Young people are our future.” One man explained that having no job was hard. He did not want to leave his house. He did not speak to his friends. He had no confidence.”

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New Words or Phrases

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## Young, Jobless and Stressed - 2

### 12

A British survey says a third of young, unemployed people often “fall apart”. They are stressed and cannot control their feelings. They cannot live a “normal” life. The survey is from a charity that questioned 2,200 jobless people. Almost half the people stressed about everyday life and could not meet new people. Some were too stressed to leave the house. Thousands of young people feel like prisoners in their own homes and become socially isolated.

Many young people have problems with day-to-day life and getting a job. Britain’s government said: “Our young people are some of the best and most talented in the world.” A researcher added: “Young people are our future and it is important that we invest in them.” One man explained how hard it was for him to have no job. He would wake up and couldn’t leave the house. He stopped speaking to his friends. He had no confidence.”

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New Words or Phrases

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