



World Cuisine

Japanese food ('Washoku') will soon be on the United Nations list of world cuisines. It will get UNESCO's cultural heritage status. French, Mediterranean, Mexican and Turkish food already have this. 'Washoku' is very varied. It includes sushi, ramen noodles, tempura and sukiyaki. Japan's government wants all its food to be on the list, not just famous dishes. It said its food is special because it's like art. It also uses special ingredients.

'Washoku' is very healthy and has a good balance. This is why Japanese people live for so long and are usually slim. Special meals bring families and communities together in Japan. Food is part of many ceremonies for the four seasons. New Year's Day, rice-planting events and harvest festivals all have different food. Food helps Japanese people keep their culture. 'Washoku' is also linked to a respect for nature.

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New Words or Phrases

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